

The Federation of St. Edmund's & St. Patrick's

Autumn Menu 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Tomato sauce with	Tuna sweetcorn and	Sweet chilli Quorn with	Tomato sauce with	Tuna sweetcorn and
shells	twists	tubes	shells	twists
or	or	or	or	or
Sandwich selection:	Sandwich selection:	Sandwich selection:	Sandwich selection:	Sandwich selection:
White sliced bread	Brown sliced bread	White sliced bread	Brown sliced bread	White sliced bread
Wholemeal bap	White bap	Wholemeal bap	White bap	Wholemeal bap
• White pitta bread	• Wrap	White baguette	Brown pitta bread	• Wrap
Choose from the	Choose from the	Choose from the	Choose from the	Choose from the
following fillings:	following fillings:	following fillings:	following fillings:	following fillings:
T)	• Egg	• Egg	• Egg	• Egg
• Egg	• Tuna	• Tuna	• Tuna	• Tuna
TunaCheese	• Cheese	• Cheese	• Cheese	• Cheese
• Ham	• Ham	Ham	• Ham	Cheese
• Chicken	Chicken	Chicken	• Chicken	
Cinchen	Cineken	Cincken	Cincken	
Veggie sausage roll	Carrot & cucumber	Pizza slice	Carrot & cucumber	Cheese whirl
	battens with cream	5	humous	
	cheese			
Strawberry yoghurt	Muffin	Raspberry yoghurt	Cheese & crackers	Homemade biscuit
Apple	Satsuma	Banana	Grapes (KS2) / Banana	Apple
Water	Water	Water	Water	Water